

***Mercer Internal Medicine, LLC***

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**Print out this form to complete. Mail, fax, or bring the completed form to the office.**

***If you have recently completed a medical history form like this, it is fine with us if you just update any changes since your last documentation. We know it is a lot of work to complete forms like this, but it really helps us to give you the best of care when we have your full medical history.***

**Name: \_\_\_\_\_ Age: \_\_\_\_\_ Today's date: \_\_\_\_\_**

**Current medical concerns and symptoms (if this is for your MDVIP Wellness Assessment, this section may be left blank):**

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**Previous surgeries and hospitalizations (include dates or year if known): \_\_\_\_\_**

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**Previous colon cancer screening with colonoscopy or barium enema?   Yes   No   If yes, year done: \_\_\_\_\_**

**Name of GI specialist: \_\_\_\_\_**

**Circle or list previously diagnosed medical illnesses:**

- |                              |                                       |
|------------------------------|---------------------------------------|
| Hypertension                 | Diabetes                              |
| High cholesterol             | Hypothyroidism/Hyperthyroidism/Goiter |
| Glaucoma/Cataract            | Coronary disease/Heart attack         |
| Congestive heart failure     | Valvular heart disease                |
| Cardiac arrhythmia           | Emphysema/Chronic bronchitis          |
| Asthma/Hayfever/Eczema       | Peptic ulcers(duodenal/gastric)       |
| GERD/reflux/acid indigestion | Hepatitis (type if known)_____        |
| Stroke                       | Seizures                              |
| Anemia                       | Bleeding disorder                     |
| Clots in legs/lungs (DVT/PE) | Cancer                                |
| HIV/AIDS                     | Tuberculosis                          |
| Obesity/Eating disorder      | Other illnesses:_____                 |

**Current medications (including birth control pills and non-prescription drugs):** \_\_\_\_\_

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**Drug and Food Allergies:** \_\_\_\_\_

**Immunizations received:** Tetanus(most recent) \_\_\_\_\_ Influenza(most recent) \_\_\_\_\_

Pneumovax \_\_\_\_\_ Other immunizations: \_\_\_\_\_

**Do you use eyeglasses or contact lenses?** Do you use eyeglasses or contact lenses?    Yes    No

Eye doctor's name: \_\_\_\_\_

**Do you use hearing aides?**    Yes    No

**Family History**

***Have any of your close family members suffered from hypertension, diabetes, heart attacks, stroke, cancer, or tuberculosis? If so, please indicate details of the family medical history below:***

Paternal Grandfather (your father's dad): \_\_\_\_\_

Alive? Yes No, If no, age and cause of death: \_\_\_\_\_

Paternal Grandmother (your father's mom): \_\_\_\_\_

Alive? Yes No, If no, age and cause of death: \_\_\_\_\_

Maternal Grandfather (your mother's dad): \_\_\_\_\_

Alive? Yes No, If no, age and cause of death: \_\_\_\_\_

Maternal Grandmother (your mother's mom): \_\_\_\_\_

Alive? Yes No, If no, age and cause of death: \_\_\_\_\_

Father: \_\_\_\_\_

Alive? Yes No, If no, age and cause of death: \_\_\_\_\_

Mother: \_\_\_\_\_

Alive? Yes No, If no, age and cause of death: \_\_\_\_\_

Brother #1: \_\_\_\_\_

Alive? Yes No, If no, age and cause of death: \_\_\_\_\_

Brother #2: \_\_\_\_\_

Alive? Yes No, If no, age and cause of death: \_\_\_\_\_

Sister #1: \_\_\_\_\_

Alive? Yes No, If no, age and cause of death: \_\_\_\_\_

Sister #2: \_\_\_\_\_

Alive? Yes No, If no, age and cause of death: \_\_\_\_\_

Son/daughter #1: \_\_\_\_\_

Alive? Yes No, If no, age and cause of death: \_\_\_\_\_

Son/daughter #2: \_\_\_\_\_

Alive? Yes No, If no, age and cause of death: \_\_\_\_\_

Son/daughter #3: \_\_\_\_\_

Alive? Yes No, If no, age and cause of death: \_\_\_\_\_

**Social History**

**Place of birth:** \_\_\_\_\_ **Places where you were raised:** \_\_\_\_\_

**Marital status:** Single    Married    Divorced    Widowed    Separated    Unmarried but in a relationship

**Ages of children (if any):** \_\_\_\_\_

**Occupation and place of work:** \_\_\_\_\_

**Special interests/hobbies:** \_\_\_\_\_

**Do you smoke?** Yes (average # of packs per day: \_\_\_\_ starting age \_\_\_\_). Never smoked. Previously smoked but quit in \_\_\_\_

**Do you drink alcohol?** Yes, average # of drinks per week: \_\_\_\_    Never or rarely drink.

**Do you usually wear your seat belt when in a car?** Yes    No

**Are you at risk for sexually transmitted illnesses?** Yes    No    Not sure    Interested in getting tested

**Do you have an exercise regimen to help stay physically fit?** Yes    No    If yes, please briefly describe your routine:

**Are you on any special type of diet?** Yes    No    If yes, please briefly describe the type of diet:

**Do you have an Advance Directive/Living Will?** Yes    No

**Hand dominance:** Right handed    Left handed    Ambidextrous

**For men only:**

When was your last PSA blood test done? \_\_\_\_\_

**For women only:**

Last Pap smear: \_\_\_\_\_

Last mammogram: \_\_\_\_\_

Last DEXA bone density study: \_\_\_\_\_

Number of pregnancies: \_\_\_\_\_    Number of live deliveries: \_\_\_\_\_

Birth control method: \_\_\_\_\_    Last menstrual period: \_\_\_\_\_

Irregular or heavy periods? \_\_\_\_\_    Painful periods? \_\_\_\_\_

Age when periods started: \_\_\_\_\_    Age when first child was born: \_\_\_\_\_

If post menopausal, age at menopause: \_\_\_\_\_    Name of gynecologist: \_\_\_\_\_

***Review of Systems***

Have you recently had any of the following symptoms? Please circle those symptoms which pertain to you. In the space on the page, please try to describe the location, duration, and severity of the symptom as well as the circumstances under which the problem seems to occur.

- |   |                                  |
|---|----------------------------------|
| Weight loss/weight gain                       | Fatigue/weakness                 |
| Fever/night sweats                            | Exercise intolerance             |
| Visual disturbance                            | Hearing loss/ringing in ears     |
| Nasal congestion/sinus pain                   | Nose bleed                       |
| Throat pain/hoarseness                        | Swelling in the neck             |
| Breast pain/lump/nipple discharge             | Chest pain/palpitations          |
| Cough/sputum                                  | Shortness of breath/wheezing     |
| Abdominal pain/heartburn                      | Nausea/vomiting/diarrhea         |
| Bloody or black tarry bowel movements         | Pain on urination/blood in urine |
| Difficulty starting or maintaining urine flow | Involuntary leakage of urine     |
| Unusually frequent urination                  | Discharge from penis or vagina   |
| Concerns about sexual functioning             | Joint pain/stiffness             |
| Backache/muscle pain                          | Cold feet/hands                  |
| Cramps in legs with walking                   | Leg/ankle swelling               |
| Rash/itching                                  | Lumps/bumps/change in mole       |
| Headache/dizziness                            | Fainting/blackouts               |
| Numbness                                      | Tremors                          |
| Confusion/memory difficulties                 | Localized weakness/paralysis     |
| Nervousness/depression                        | Insomnia                         |
| Heat or cold intolerance                      | Excessive sweating               |
| Excessive thirst, hunger, or urination        | Easy bruising or bleeding        |
| Swollen lymph nodes/glands                    |                                  |

***Thanks for completing the Medical History Form! That was a lot of work!!***

Mercer Internal Medicine, LLC Reviewed by:      GN      MY